

Sugar Bag Road



WHERE TO MOUNTAIN BIKE
 Sixth Edition fully revised and expanded
IN SOUTH EAST QUEENSLAND



Wall ride on Bees Knees



Steven Ossedryver, 'father' of Sugar Bag



CORCA 'Come and Try' day at Sugar Bag

Sugar Bag started like many mountain bike trails on a plot of land no one else was much interested in. In a very short time a remarkable network sprung to life and more and more local people of all ages began to ride. In the same street as a primary and secondary school, plenty of school kids mucked around here with mates. Families started riding together.

The outstanding part of this story is that the Sunshine Coast Regional Council is working with CORCA to promote and enhance what started out as unsanctioned trail building. Happily these trails were well-built from the start and today mountain biking is fully legitimate.

The most remarkable feature of the trails is both beginners and experts are provided for. The trails are one-way and fairly easy but more difficult timber skills have been built on optional side trails.

Sweet Sugar (2.2km) and Party Mix (2.8km) are very popular with a huge number of built features as optional extras: many log roll-overs, timber ramps and bridges. Long log rides, a seesaw and suspension bridge and two challenging skills areas are attached.

Milky Way is an old, gently descending fire road that has been re-shaped with many jumps. It is also an easy ride up to the trail head 450m away on Sugar Bag Road. Syrup (600m) is the most popular contoured flowing trail with small jumps; an easy fast descent for most riders. Honeycomb (1km) is a smooth, fast downhill which can also be used as a climb, though most use Milky Way.

Golden Rough (780m) is very well designed and constructed as a hand-built old school trail. Entertaining and narrow it has short descents and rises while following the contour. Small jumps, rock gardens and other features add interest.

The Playground is for highly skilled riders looking for extreme challenge! Near vertical boulders with skinny ramps, rocky drops, skinny log rides and more make this an amazing playground, if you dare. Rated as Double Black Diamond, nowhere else in south east Queensland offers such technical features on public land.

Sunshine Coast Regional Council has invested a lot of money at Sugar Bag. Look for videos on YouTube of the new Bees Knees as an example of beautifully built trail.

The filter, a rock garden chute, at the start provides a test. If you can't handle this then turn back now. More rock gardens follow, a Boner log ride with an unrollable drop, steep roll overs, jumps and two optional wall rides are packed into this 700m downhill. An interesting feature is an arched bridge which allows traversing riders to cross underneath Bees Knees to link other trails.

Sour Power (700m) is the easy, wide climb back to the carpark and is also shared with walkers. Willy Wonka (700m) and Fantales (670m) are designed for beginners having few obstacles. These three trails are two-way and shared with walkers.

At time of printing a machine built dual slalom course and pump track were receiving finishing touches.



Honeycomb log ride option beside the trail

